

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ

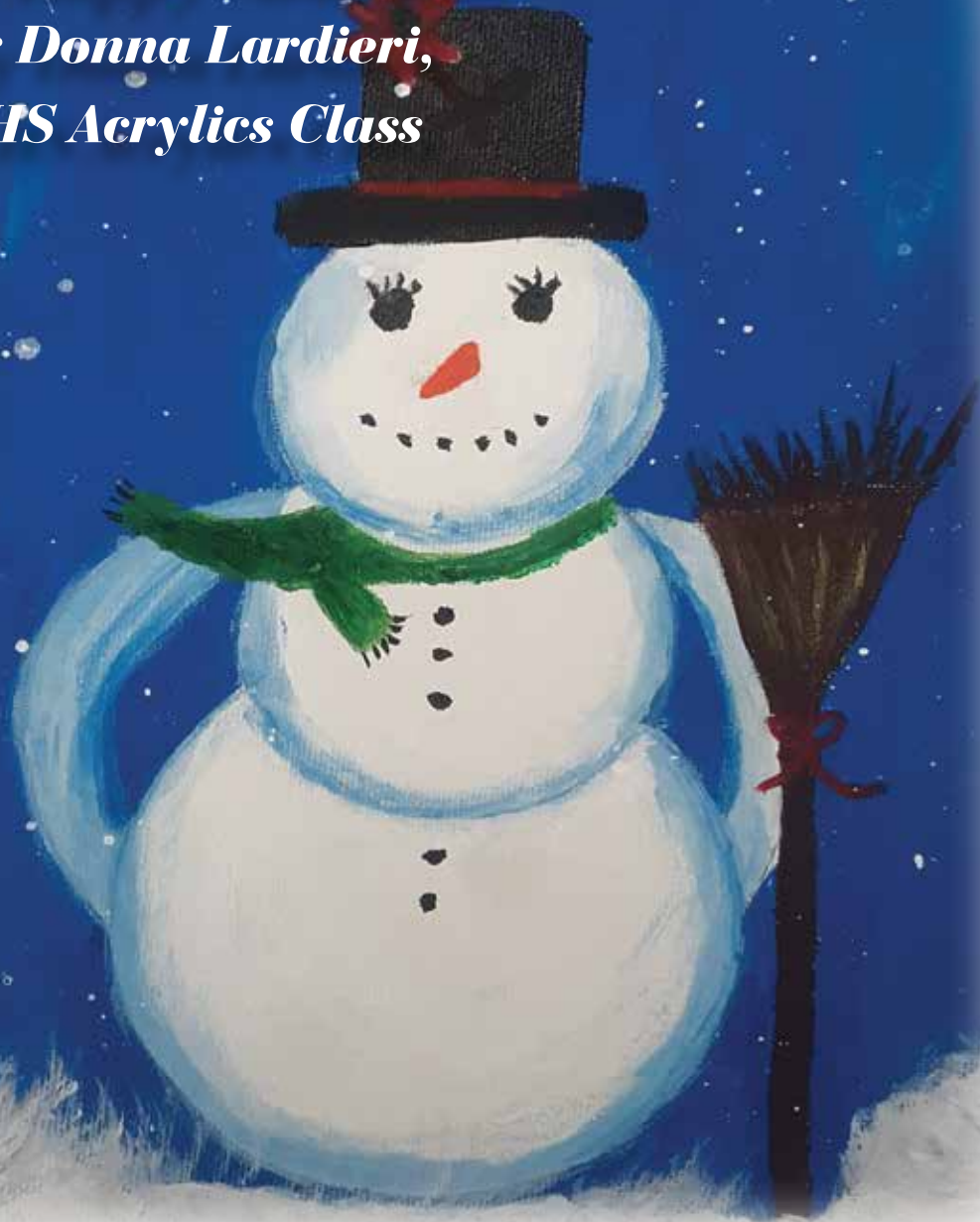


VOLUME 9 NO. 1

JANUARY 2023

"The Happy Snowman"

***By Donna Lardieri,
LHS Acrylics Class***



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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PRESIDENT'S MESSAGE

Barbara Skelly

Happy New Year all!

I am John Cinosky the newly elected President of the Board of Trustees. We are all looking forward to marching into the new year on a high note and moving up from there.

The first order of business is to thank Barbara Skelly for her tireless work and dedication to Lions Head South in 2022. One of the challenges she faced was the Township of Brick discovering there were a lot less trees than there were 20 years ago. Barbara took the task of finding out where we were missing trees and with the help of the Board (mostly Tom Berhens) developed a plan on how to put us in compliance with the towns mandate and prevented Lions Head from being levied a healthy fine.

In addition, Barbara spearheaded the task of reviewing and updating the By-laws and policy and procedures manuals. She spent countless hours in doing so along with the feedback of several committees, the Board of Trustees and Lin Kolesa, our administrator who tied it all together. Thank you, Barbara!

We are still the most sought-after adult community in New Jersey and thanks to all of our residents for maintaining your property keeping us at the top. Going forward we ask that you continue to refer to the Architectural policies to make every one's job easier.

We are lucky to have an exceptional administrative staff and I have seen the care and respect they show toward our residents, particularly those of us who are advanced in age.

This community runs on the efforts of volunteers from our clubs, to our committees to the Board of Directors. To that end, I strongly encourage everyone to participate in some way, large or small. I promise it will give you a better sense of belonging. Come to the residents' meetings. You will be pleasantly surprised how friendly our residents are.

The Holiday Open House on December 3rd which featured our choir was a warm and wonderful event. Thank you! They are always looking for new voices. Loud works.

There are so many people to thank in our community. So, if you weren't mentioned place your name here _____ and sincere thanks to you.

We should extend thanks to Jim Mort for the tireless effort he put in in running our golf course. It may have been the most successful year we've ever had.

There are many wonderful things about this community, so lets all work together to make it even better.



EDITORIAL

Carol Powell

January 2023! Where does the time go? I remember somewhere about the age of 13 or 14 talking to my best friend about whether we were likely to live to see the Millennial, we concluded that we had a shot. We both made it.

23 years later another friend and I recently had a conversation about all the changes and events that have occurred in our lifetimes. As kids we never heard of a computer, much less one that we carry in our pockets (cell phone). I could fill this publication with a list of what has happened over the last 50 to 100 years. Yes, we do have residents who have reached the 100 mark and in fairness there may be a spouse or two who have not yet reached fifty, I'm truly not sure.

Anyway, the new year often causes us to reminisce, but it is also a time to look forward and plan for the year to come. Personally, I am looking forward to continuing to work with the Pride staff, both here and in the Publisher's office. I am also looking forward to becoming confident enough in what I'm doing that I don't have to do it two or three times to get it right! A new co-editor would be a good thing since the Board of Trustee's stole Linda LaFerrera from me. Kidding, she is, of course, right where she belongs but I could certainly use a new co-editor.

So, as we begin the adventure of another year, please allow me to wish all of the residents of Lions Head South the best of all that this big old world of ours has to offer. Here's hoping that 2023 proves to be one of the best years of your life. Don't forget to stay safe and most important, stay well.

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Income & Expense Statement to Date as of 11/30/22

Income:

401.0 Maintenance Fees	\$	948,016.00
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	620.00
403.0 Rental Security Deposits	\$	0.16
406.0 Interest Operations	\$	1,941.22
408.0 Miscellaneous	\$	2,275.00
410.0 Participation Fees	\$	54,905.00
450.0 LHCC Revenues	\$	64,379.96
Total Income:	\$	1,072,137.34

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	2,546.22
Total Sales Tax:	\$	2,546.22

Expenses:

500.0 Administration	\$	423,412.97
520.0 Residences	\$	389,797.67
540.0 Common Facilities	\$	270,200.55
Total Expenses:		1,083,411.19

Total Income Over Expenses: \$ (11,273.85)

Balance at Month End: \$ (11,273.85)

LIONS HEAD SOUTH

New Residents - 2022

Beenders, Pamela.....79 Lauren Ln.
R/S Coben Estate
Van Liew, Richard & Regina.....5 Lions Head Blvd. S.
R/S Lourenco
Schulz, Suzanne.....85 Yorkwood Dr.
R/S Horo/Nash
Browning, Randy.....92 Lauren Ln.
R/S Arechiga Estate

Deletions - 2022

Coben Estate.....79 Lauren Ln.
R/S Beenders
Lourenco, Maria.....5 Lions Head Blvd. S.
R/S Van Liew
Horo, Sountcho, Nash, Donald.....85 Yorkwood Dr.
R/S Schulz
Arechiga Estate.....92 Lauren Ln.
R/S Browning

Deceased Residents - 2022

Kiessling, Ernest (Ernie).....83 Lauren Ln
10/23/2022



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GARDEN CLUB

Clare Mathiasen

LET'S TALK HOUSE PLANTS:

Have you noticed, what we call fruit flies or no-see-ums, in the house? These may very well be fungus gnats emanating from your houseplants. Although fungus gnat adults are more of a nuisance than a pest, the immature stage (larvae) feeds on plant roots and can cause growth problems, especially on young plants. Fungus gnats are often a symptom of over watering,

How to detect a fungus gnat problem is simple. They may fly up when watering or tap the soil to see if they emerge. They are drawn to moist potting soil and decaying leaves on the surface of the soil around your plants. Act as soon as you spot gnats in your houseplants. While it may be tempting to spray the adult fungus gnats, that's usually just a short-term fix because more adults will appear from the larvae in the soil.

There are a couple of methods you can try to rid your plants of these pests:

- Avoid over watering your houseplants and make sure they have good drainage. Allow the soil to dry between regular watering, not to the point that your plant begins

wilting but enough that the soil isn't always moist. The eggs and larvae usually die in dry soil. Remember to drain any excess water that accumulates in saucers, too.

Or:

- If you feel the roots are infested with any type of pest, soak your plants, planter, leaves and all, in a bucket with a solution of insecticidal soap and water (1 tsp of soap per liter of water, or follow the instructions on the bottle) for about 15-20 minutes. Skim debris off the top of the water with your plant submerged beneath to keep them clean when you take them out. Once they're done soaking, take them out, rinse them off and clean the planter pot to your satisfaction. Set out some towels and let them drain all the excess water. Make sure to allow the soil to completely dry before watering them again!

I have found Neem Oil in a concentrate works well and for plants that are too large to submerge, soak as much of the plant as possible and use a Neem Oil spray on the un-submerged areas.

Nine Must-Know Tips for Houseplant Care in the Winter:

- (1) Cut back on watering.
- (2) Pay attention to sunlight.
- (3) Don't worry about a few dropped leaves.
- (4) Avoid temperature extremes.
- (5) Pause the fertilizer.
- (6) Patrol for houseplant pests.
- (7) Up the humidity.
- (8) Keep foliage clean.
- (9) Resist repotting - wait until Spring

The Garden Club does not meet December through February; however, we will return to monthly meetings in March. Join us on the second Wednesday (March 8th, 10:30 am) and become part of the 2023 planning and potting.



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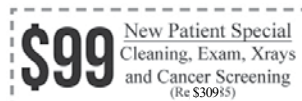


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COUNTRY CLUB

Jim Mort

Welcome to the New Year, let's hope and pray we all have a healthy and happy 2023. With the golf course open for play all year round, weather permitting, we look forward to seeing hearty, healthy, and well bundled up golfers out enjoying a round or two, whenever possible. We cannot control the weather, but we will ensure the course is in playable condition anytime we have good weather. Given the opportunity, get out and enjoy your golf course.

Special thanks and appreciation to our Superintendent, Dave Moniz for the outstanding condition of the course. Through his dedicated effort and conscientious work ethic our course was playable and beautiful in every respect throughout 2022. We look forward to his continued presence and high maintenance standards now and as far into the future as is possible. The course has never looked better, it is superbly maintained and playable even as we get into the colder weather. In response to his efforts and conscientious approach to the course maintenance we gave Dave a letter of appreciation, which was sent to his company, Bright View, to let them know how well he performed this year. In addition to the letter our members collected a generous donation for Dave to show our gratitude and appreciation for his hard work and the outstanding results he has produced on the golf course.

Any LHCC members interested in participating in the Starter Program for 2023, please contact me at the LHCC Clubhouse. To maintain the day-to-day operations of the golf course we need approximately 15 Starters. Volunteer if you can, this program has proven its value and worth through the growth in membership and income. The Starters provide a person to readily sell the attributes of the course to guest, interested individuals and or new residents of LHS/LHN. We need your assistance to continue the growth we have been experiencing over the last four years. Our membership has gone from less than 80 to over 130 members and our income increased from below \$50,000.00 a year to over \$65,000.00 this year. We have not reached our goal nor our full potential in members or income, but the Starter Program gives us an opportunity to continue this growth.

Talking about volunteering, please take the time to think about being involved with the golf course operation, maybe as a member of the Board of Directors, or assist in anyone of the many events put on by the LHCC or maybe just caring enough to show up at one or all of the four scheduled General Membership Meetings. By the way, these General Membership Meeting are put on by the Board of Directors to keep members informed on the overall operation of the course, status of improvements, future plans and activities

as well as to elect new members to the Board of Directors so that we can continue to serve you. Case in point, of the last four General Membership Meetings, meetings are held quarterly, not one had a quorum, resulting in the last two Directors being temporarily appointed while pending a meeting with a quorum. This is OUR golf course, run by us for our mutual enjoyment of a great place to play golf, participate, get involved, it is run best when the majority are actively supporting the operation. For anyone interested we are in dire need of a volunteer to serve as our VP, this is a key position perhaps leading someone to step up as our next President.

During November we had 17 trees and bushes planted and anticipate planting a similar number in the Spring of 2023. This is the start of our Reforestation Program and we are aligning it with our desire to enhance the beauty of the entire course by adding flowering trees to give us the necessary color to really make this a place of year around beauty. Also in November, three pallets of SOD were planted around the Hole 3 Green and the Sand Trap was sculptured to regain a semblance of its original shape prior to the "Fox Family" building their Condo there. Dave, our Superintendent, was instrumental in the design and overall effort to finish up this year's SOD program. To wrap up a very successful year, the forms for the Ladies Tee on Hole 5 were built, sandy loam/topsoil, 27 tons, put in place and left to settle till next season. SOD will be placed on top and the Tee operational around opening day, March 1st.

The Hole-In-One Program wrapped up at the end of October, with two winners, Bob Jani and Jim Mort splitting the pot of \$700.00.

The last Scramble of 2022 was held on November 8th and the first Scramble in 2023 will be April 11th.

The last Board of Directors Meeting was held on December 13th and the minutes are posted to the LHS Web Site. The next Board meeting is scheduled for March 14th.

The next General Membership Meeting is scheduled for April 17, 2023. We need a quorum, plan on attending and participating in the operations of your golf course.

Shorrock Gardens hosted a luncheon for the LHCC and WGA members on December 15th. We presented Kelly McClosky, Steven Kosakowski and the Shorrock Gardens Staff a letter of appreciation for their support throughout 2022.

The Board of Directors voted to retain our membership and guest fees the same for 2023.

CLUBHOUSE

Rose Saputo

Dear Friends,

We hope your Christmas, Hanukkah or Kwanzaa Holiday was an enjoyable and memorable one for you. May this New Year of 2023 bring you health, much happiness and peace. Please take the time out to enjoy your wonderful, beautiful clubhouse.

I would like to thank all of you in LHS for the opportunity to serve as the Clubhouse Chairperson. It was an honor and a privilege. By the time this article is published and being read by all of you, I will already be living in Franklin, Tennessee with my daughter Anita and her loving family.

I wish all of you life's best and that God may always bless you and keep you in his care. I will miss LHS and the "golden and genuine" friends I have made. And so I shall begin another chapter in the "Book of My Life".



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LIBRARY

Janet Pedersen

Happy New Year to all our LHS residents! We, the LHS Library Committee, hope you all enjoyed a Happy Hannukah and a Merry Christmas, and are ready to jump into 2023.

To start the new year right, I have decided to put an end to the burning question on everyone's mind that likely has been keeping everyone up at night. Without further ado, that question is ... why are the hardcover mysteries (with green dots) and fictional books (with orange dots) at our beloved library kept separate from our paperback mysteries and fictional books??? Well, the reasons for this is ease of search and aesthetics. To put it more simply, putting like-size books together facilitates your search and is more pleasing to the eye. So that's it. I've said it and life can now be much easier for all.

Seriously though, the complimentary Lions Head Library is just a short walk or car ride away and is available to all residents. Now that the colder months are upon us and you likely have more time for leisurely activities, please take advantage of what our library has to offer in the way of a mixed collection of books (including large print and cook books), jigsaw puzzles, audio books, movie DVD's and magazines.

All of these items can be borrowed at any time for as long as you wish without the need to sign anything out. We only ask that all items are returned in the same condition they were taken (in the case of audio books and DVD's, please be sure to return all discs involved with each item). Please place returned items on the "return book" shelves for our staff to restock.

Here's wishing everyone a happy, safe, and healthy 2023.

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WEBSITE COMMITTEE

Tony Bruzaitis

Visit your website at www.lionsheadso.com.

As we start the new year, I want to thank the Website Committee members for their time, ideas, and attention to the information we continuously add during the year. They are a great group to work with.

Thanks to Mary Ward for making sure the weekly Robocalls are added to the website; Carol Powell for her ideas and gentle reminders to submit our articles to the Lions Pride each month; and Lee Bruzaitis (my partner in crime for the past 40+ years) for her photos, videos, and promotion of Social and Recreation Committee events. I also want to thank Pat Whyte for her contribution of photos and videos, and Karen Ucci in the office for keeping our web calendar up to date.

I've heard a number of committee and club members discussing their plans for 2023 and want to remind them that the Website Committee looks forward to promoting information about their activities. You can share your information by either emailing us at web@lionsheadso.com or by completing our online form in the Contacts tab on the webpage.

As always, if you are looking to get involved in our community, consider joining the Website Committee. You do not need technical expertise. Most of our work is centered around gathering information from the clubs and committees of LHS and verifying the information we have is current.

And remember, if you have any suggestions for additions to the website, please email us at web@lionsheadso.com. The information provided benefits all residents of Lions Head South.

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Sudoku

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		7						3
				2		5		
3								
	1	9		7	8		6	
6		8		3		4		
	9						8	
	4					3		1

Answers on page 31

SECURITY COMMITTEE

Submitted by Tia Katakozinos,

Written by Maryellen Klotz

Happy, healthy, and safe New Year to all our neighbors! With the winter weather upon us, just a few reminders as we brave this wintry weather MAKE SURE if there is a medical condition requiring a priority snow removal that the office has the proper documentation, so you are on the top of the list - call NOW to confirm!

In the event of a severe storm prediction there are several things to do in advance that will prevent injuries and keep you safe:

- Make sure your cell phone is fully charged, invest in a car charger
- Invest in battery operated lights
- Have several flashlights with charged batteries handy, a solar power radio
- Medications refilled to avoid running out
- Supply of food that doesn't have to be heated (think PB&J)

If power is lost:

- Keep refridge/freezer doors closed - food will stay cold for hours
- Use battery operated lights instead of candles to eliminate fire risk
- Turn off/unplug TV's, computers, DVR's, power bars etc. to avoid a power surge when power comes back on
- Text OUT to 544487 (LIGHTS) to report an outage via text message. Text STAT to 544487 to receive an update for your reported outage. If you're not enrolled in text messaging, text REG to 544487 to get started.
- To report an outage via phone, call 1-888-544-4877

As always, in the event of snow, don't try and remove it if possible. Turfmasters will step in once the town has done its job so please be patient. Also, if you must drive, please clean off your car completely so you can drive safely and not be a hazard to others. If you need help with other issues, reach out to Circle of Friends, Greg Sternberg at 908-309-6268.

Stay warm, healthy, and safe this wintry season!

*A memorial service
should be about memories,
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*Call today and find out how to celebrate a life like
no other, beautifully and affordably.*

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Direct Burial starting at \$3,095**

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*Direct cremation (without ceremony) includes basic services of the Funeral Director and staff, transfer of the remains to the funeral establishment, refrigeration and service vehicle. The crematory fee is included.

**Immediate burial (without any rites or ceremonies at the funeral home, graveside or elsewhere) includes basic services of the Funeral Director and staff, registration, transfer of the remains to the funeral establishment, transportation of remains to the cemetery and service vehicle.

39 South St., Manasquan, NJ 08736 | 732-223-0003 | John H. Hassler, Manager, NJ Lic. No. 3813

ad-6150



JANUARY 2023 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			9:30 Pickleball	9:00 Bowling
9:30-11:00 Ticket Sales	9:30 Pickleball	9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
	9:30-11:30 Watercolor class	1 & 7 cards/Mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
1:00 Mah jongg	1:00 Crochet, Knitting & Needlework		1 & 7 cards/Mah jongg	1:00 Crochet, Knitting & Needlework
	1:00 cards/Mah jongg			
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 1/5 & 1/19		

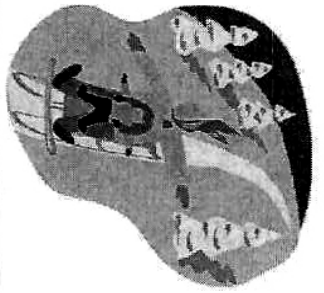
SNOW COMPLAINTS: Call TUREMASTERS
AT: 732-349-0444 Leave a MSG on the machine.

ACC RESIDENT'S MEETING – Jan. 9th at
7:00 pm. Refreshments served.

ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.
Administration Office Phone: 732-920-9099

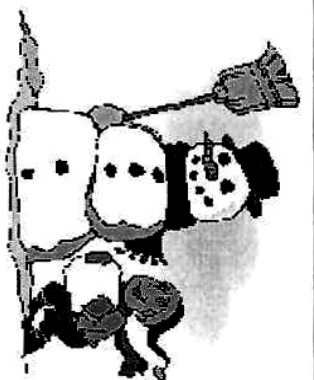
**PHOTOCOPIER: FOR RESIDENT USE IN THE
BILLIARD ROOM.** The machine is available
anytime to use. Copies are five cents each. Please
be sure to have EXACT change.

2:00 PM "Thru the Years of Lions Head South" Film-Repeat showing	10:00 AM Website	9:00 AM Finance & Insurance 9:30 AM Clubhouse 11:00 AM Welcoming	10:00 AM Security 12:00 PM Women's Club	10:00 AM Lions Pride Review	9:30 AM WGA BINGO & Bagels																																																																																					
22	23	24	25	26	27	28																																																																																				
	9:00 AM Bd of Trustees-Std Comm 6:30 PM Book-a-holics	10:00 AM Community Awareness	9:30 AM Men's Club Exec Bd 1:00 PM Book Discussion																																																																																							
29	30	31	<div><div>Dec 2022</div><table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table><div>Feb 2023</div><table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr></table></div>				S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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January 2023

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 OFFICE CLOSED	3 9:00 AM Ratify Straw Poll of Officers, Std Comm & Chairs 2023 9:00 AM Architectural 10:30 AM Buildings & Gmnds	4 11:30 AM Men's Club 6:45 PM Social	5 11:30 AM Library	6	7
8	9 9:00 AM Bd of Trustees 7:00 PMACC Resident's Mtg	10 1:00 PM Womens' Club Exec Bd 4:00 PM Recreation	11 GARBAGE	12 10:15 AM Combined Activities 11:00 AM Bylaws	13	14
15	16	GARBAGE	18	19	20	21

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.



LIONS HEAD SOUTH ASSOCIATION, INC.

250 Lions Head Boulevard South, Brick, NJ 08723

Ph (732) 920.9099 Fax (732) 920.2650

Email: lionsheadsouthassoc@gmail.com

RESIDENT CONTACT INFORMATION WHILE AWAY

Name: _____

Address: _____

Departure Date: _____

Return Date: _____

In case of emergency please at following address:

Telephone: _____

Address: _____

If I cannot be reached at the above, please contact:

Name: _____

Telephone: _____

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2023 – Approved November 7, 2022

January

- 3 9:00 AM Ratify December Straw Poll of Officers for 2023 and Standing Committee Chairpersons and Members
- 9 9:00 AM Board of Trustees Meeting
- 9 7:00 PM Activities Coordinating Council Meeting
- 23 9:00 AM Board of Trustees Meeting - Standing Committee Reports

February

- 13 9:00 AM Board of Trustees Meeting
- 13 7:00 PM Association Meeting
- 27 9:00 AM Board of Trustees Meeting - Standing Committee Reports

March

- 13 9:00 AM Board of Trustees Meeting
- 13 7:00 PM Activities Coordinating Council Meeting
- 27 9:00 AM Board of Trustees Meeting - Standing Committee Reports

April

- 10 9:00 AM Board of Trustees Meeting
- 10 7:00 PM Association Meeting
- 24 9:00 AM Board of Trustees Meeting - Standing Committee Reports
- 24 7:00 PM Meeting with New Members – Since October 2022

May

- 8 9:00 AM Board of Trustees Meeting
- 8 7:00 PM Activities Coordinating Council Meeting
- 22 9:00 AM Board of Trustees Meeting - Standing Committee Reports

June

- 12 9:00 AM Board of Trustees Meeting
- 12 7:00 PM Association Meeting
- 26 9:00 AM Board of Trustees Meeting - Standing Committee Reports

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2023 – Approved November 7, 2022

July

10 9:00 AM Board of Trustees Meeting
10 7:00 PM Activities Coordinating Council Meeting
24 9:00 AM Board of Trustees Meeting - Standing Committee Reports

August

14 9:00 AM Board of Trustees Meeting
14 7:00 PM Association Meeting
28 9:00 AM Board of Trustees Meeting - Standing Committee Reports

September

11 9:00 AM Board of Trustees Meeting
11 7:00 PM Activities Coordinating Council Meeting
25 9:00 AM Board of Trustees Meeting - Standing Committee Reports

October

9 9:00 AM Board of Trustees Meeting
9 7:00 PM Association Meeting - Trustee Candidates' Night
23 9:00 AM Board of Trustees Meeting - Standing Committee Reports
23 7:00 PM Meeting with New Members (since April 2023)

November

6 9:00 AM Board of Trustees – Finance Approval of 2024 Budget
13 9:00 AM Board of Trustees Meeting
13 7:00 PM Activities Coordinating Council Meeting – Residents Meeting
20 9:00 AM Board of Trustees Meeting - Standing Committee Reports

December

4 9:00 AM Board of Trustees Meeting
4 7:00 PM Residents Association Meeting – 2024 Budget Presentation
5 9:00 AM Straw Poll of 2023 Trustees for 2024 LHSA Trustees, LHCC Directors
& Committee Chairpersons
18 9:00 AM Board of Trustees Meeting - Standing Committee Reports

Hello Community! It is me, Jo Gallo, resident of Holiday City Berkeley and an independent Medicare Broker with NJ Life and Health Insurance Group right here in Toms River. At our office, many local seniors have been thoroughly educated on various Medicare Plans by the members of our team, including the truly knowledgeable O'Hara Family, who own the business and have over 30 years of experience in the Medicare field. We are here to provide you with an unbiased education and answers the community needs to know when it comes to Medicare – at absolutely no charge to you!

UNDERSTANDING LONG TERM CARE INSURANCE

Long Term Care is the custodial care you will need when you are no longer able to perform all your activities of daily living (eating, bathing, dressing, toileting, transferring, continence). These activities are also known as ADL's, and unfortunately Medicare does not pay to assist with these after the first 100 days in a skilled nursing facility.

When this happens, you have two choices. Your first choice is to stay home and have someone take care of you - this can be a friend or family member if they are willing, or you can pay for a home health aide. The average cost in NJ of a home health aide is \$25.00-\$50.00/hr., depending on the services needed. Basic cleaning or grocery shopping would be more towards \$25.00/hr., whereas eating, bathing, or transferring would be near \$50.00/hr. For a full time live-in personal aide, the cost can range from \$6,000.00-\$9,000.00 per month. Otherwise, you can be admitted to a nursing home, where the nursing home will take on the responsibility of your ADL's. The average cost of a nursing home in NJ is between \$11,000.00-\$13,000.00/month for a semi-private or private room. Either option is very expensive and can be offset by having long-term care insurance. Long Term care insurance will provide monthly payments to offset these costs and give you the freedom to choose between staying home or a nursing home.

70% of people currently turning 65 will spend some time using Long Term Care, with the average duration being 3 years. What's concerning is only 25% of people **think** they will at some point need this kind of intensive care. And most of us fail to realize Medicare does not cover nursing care after 100 days. There is a national mismatch between expectations and reality on the subject.

So what can you do? As you get older you should take inventory of the family near you. If you have an abundance of family close to your current location, you may not need as much in the way of Long-Term Care Insurance. Family can help you while you live at home and may even be able to provide housing. If you do not have a large family or they live faraway, Long Term Care Insurance is something to consider.

If Long Term Care Insurance is out of your price range, you should begin discussions with a legal professional to protect against the Medicaid spend-down if you have assets to protect. A Medicaid spend-down is a process that occurs when you need have but cannot afford long term care. To be able to have these services paid for (usually a nursing home, not of your choice) you spend down all your assets (excluding your home) and relinquish your income to the state. In exchange, they put you on state Medicaid and pay for the nursing home. There is a 5-year look back on the spend-down to make sure you haven't hidden any assets.

Long Term Care Insurance can be expensive – the younger you are the better the rates. Please feel free to call or email your questions, or set an appointment.

Set an appointment 848-226-6897

Jo Gallo

848-226-6897

jgallo@njlifeandhealth.com, NJ Life and Health Insurance Group, LLC

WOMEN'S GOLF ASSOCIATION

Sue Wiss

Happy 2023!

For those of you who are new to the community, or are not familiar with our organization, the WGA is the **Women's Golf Association of the Lions Head Country Club.**

The WGA is a fun-loving group of women who just happen to enjoy the game of golf. We play every Wednesday at 9 am from May through October. The WGA is always looking for new members, at any level of golf. Beginners are especially welcome!

Besides our WGA golfers, we also have Social Memberships for our non-golfing ladies. This Social Membership allows members to be active participants in our social activities and fundraisers - without having to swing a club!

An informational meeting will be held on Wednesday, April 5th at 11am at the LHCC (located across from the clubhouse) for members of the Lions Head Country Club or any women who want to learn more about the WGA or its Social Memberships. You can sign up at that time and annual dues are \$10.00. If you are unable to make the meeting or have any questions, please contact one of the newly appointed officers listed below:

*Susan Wiss, President

*Marcene Talty, Vice President

*Beth Comandini, Secretary

*Iris Mahoney, Treasurer

In closing, I would be remiss if I didn't give a big shout out to Bea Scanlan, our outgoing President. She held the WGA together during the two years of our pandemic. Thank you, Bea! We couldn't have done it without you!

Best wishes to all for a healthy and happy New Year!



LHS WOMEN'S CLUB

Mardel Halm and Carl Powell

As the new Co-chairs of the Lions Head South Women's Club, Mardel and I would like to take this opportunity to wish all the residents of Lions Head South a very Happy New Year. However, for obvious reasons our focus is on the women, so please allow us to extend an extra special Happy New Year to the women of Lions Head South.

We look forward to seeing all in the upcoming year, not only our returning members but many new ones as well. If you have never been a member of the Lionettes or the Women's Club this year would be an excellent time to try us on for size. If you have previously enjoyed our group or the Lionettes, come see what's new. Our events and hospitality committee chairs are busy planning lots of exciting adventures.

As per the flyer, also in this edition of the Pride, we plan on starting the year off with a gift swap. The gifts are meant to be those that you received at Christmas and for one reason or another, they are just not suited to your needs. They may well be perfect for someone else. This type of event has been held in the past and proved to be fun for all.

Make joining us part of your New Year's Resolutions, we'll be the one that you keep.



THE RECIPE BOX

Sue Auer

Among the coldest months of the year, January is one of 7 months with 31 days! Named for the Roman God "JANUS" January, we look at the past & see into the future. It's a fresh start. Seems that many TRADITIONS throughout the world, include something WHITE. In Spain, WHITE wine is always sipped for a NEW YEAR TOAST & the Swiss drop whipped CREAM on the floor FOR GOOD LUCK in the NEW YEAR!!

Here are some WHITE recipes to celebrate the NEW YEAR...!

Making Ricotta Cheese at home: Suggested by Margo Buttino Cherry Quay Brick! From the Ina Garten book of easy recipes!

Ingredients:

- 4 cups Whole milk
- 2 cups heavy cream
- 1 tsp kosher salt
- 3 tbsp white vinegar (Heinz)
- U will need cheesecloth

Directions:

1. Line a mesh strainer with cheesecloth
2. Pour heavy cream & milk into a stainless-steel pot. Bring to a full boil over med. heat & stir in salt.
3. Turn off heat stir in vinegar & let stand for 1 minute.
NOTE: The mixture will separate into 2 parts> THICK (curds) & MILKY (whey).
4. Pour into cheesecloth & leave to drain for 20-25 mins. THE LONGER IT DRAINS, THE THICKER IT BECOMES!
5. Empty into a bowl & discard the cheesecloth. Use at once or cover the bowl with plastic & refrigerate!

Slow Cooker New England Clam Chowder (easy)...from Sue's family recipe book!

Ingredients:

- 1/2 bacon diced (or Canadian bacon for less fat)
- 3 cans chopped clams (not drained)
- 1 yellow onion (chopped fine)
- 4 potatoes peeled & diced (Yukon Gold - recommended)
- 2 stalks of celery (diced fine)
- 2 cloves garlic minced (or 1/8 tsp garlic powder)
- 2 cups clam juice
- 1 tsp Kosher salt
- 1/4 tsp course black pepper
- 1/2 tsp thyme
- 2 cups heavy cream
- 2 tbsp all purpose flour

Directions:

1. Cook diced bacon in a skillet until crisp, remove & drain on paper towel. Save 1/2 in refrigerator for finishing the chowder at serving time.
2. Add to slow cooker> 1/2 bacon, clams, onion, potatoes, celery, garlic, Kosher salt, black pepper & thyme.
3. Cook on low for 7 hrs.
4. AFTER THE 7 HRS. In a measuring cup, mix heavy cream & flour together & add to the slow cooker. Cook on high for 30 minutes.
5. Serve with remaining bacon.

NOTES: The calories can be reduced by using:

- # Canadian Bacon instead of smoked bacon
- # H & H cream instead of heavy cream.

Snowball Cookies

Ingredients:

- 1 cup soft butter
- 1/2 cup powdered sugar (10X)
- 1 tsp vanilla
- 2 1/4 cups All purpose flour
- 3/4 cups chopped nuts (Walnuts or Almonds)
- 1/4 tsp salt
- Additional powdered sugar for finishing

Directions:

1. Heat oven to 400*
2. Mix butter, 1/2 cup of powdered sugar & vanilla in a large bowl
3. Stir in flour, nuts & salt. Mix until the dough holds together.
4. Shape dough into 1" balls & place on cookie sheet 1" apart.
5. Bake 10 - 12 minutes or until set; but not brown. Remove from sheet pan & cool slightly on wire rack.
7. Roll warm in powdered sugar. ROLL IN POWDERED SUGAR A SECOND TIME!

NOTES: The dough doesn't spread during baking, They are done when firm to the touch, they don't get brown, like shortbread.

75 calories, 5 grams fat, 1g protein 6 grams total carbs.
Recipe by Cherri Parker, LIONS HEAD SOUTH

Thank you!

HAVE A GREAT & WONDERFUL January ... & a BLESSED 2023!

ANY RECIPES ... U WOULD LIKE TO HAVE PUBLISHED???

PLEASE EMAIL TO: sauer1948@hotmail.com OR in writing> I can pick up.

Please phone me at 201-982-4024Thank you!

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- Penne Coral with Vodka Sauce \$9.95
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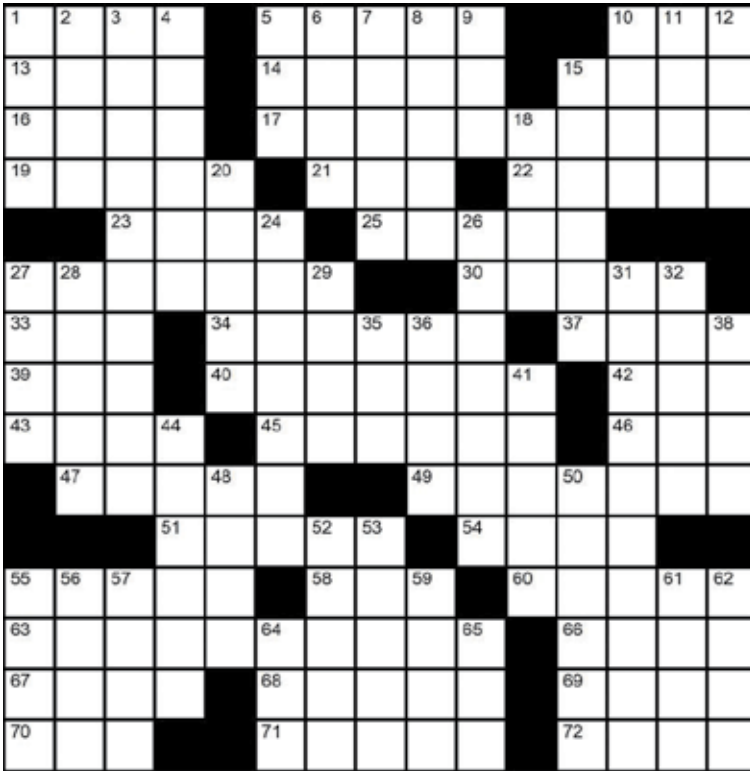


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*Payoff verification may delay the process. In the event of a payoff, additional paperwork may be required. Vehicle title must be on hand or able to be secured from the lending bank if a loan is in place. Purchases over \$20,000 and/or out of state titles may take longer than 20 minutes. See dealer for complete details.

ads-7155

CROSSWORD PUZZLE



ACROSS

- 1 Jerry and Mickey
- 5 Sound emitted by just about everything these days, it often seems
- 10 Save the Children, e.g.
- 13 Persia, once
- 14 Find the answer
- 15 Kitchen hand
- 16 Place to get high in France?
- 17 Dispute settler
- 19 Call the whole thing off
- 21 Speck
- 22 Sports complex
- 23 Greek love god
- 25 Cuckoo or bats
- 27 Amassed
- 30 Lends a hand
- 33 World's largest economy
- 34 Duller of the senses
- 37 Brother to Cain and Abel
- 39 Arrest
- 40 Distinct sort or kind
- 42 Decay
- 43 "Nobody doesn't like --- Lee"
- 45 Ending of a threat
- 46 Pop idol?
- 47 Starts fishing
- 49 Confess
- 51 Bundle of grain
- 54 Observed

- 55 Former TV star --- Dickinson
- 58 Sailor
- 60 Paces
- 63 Designed to identify and describe computer errors
- 66 Go --- length (ramble)
- 67 Related by blood
- 68 Permeate gradually
- 69 "Daily Bruin" publisher
- 70 Encountered
- 71 Panchen's superior
- 72 Trial

DOWN

- 1 Emulate Marceau
- 2 "... ---, cold ---, is master of them all" (Kipling)
- 3 Many-branched lamps
- 4 Complete
- 5 "Be Prepared" gp.
- 6 Nobleman
- 7 Arm joint
- 8 Lloyd-Webber/Rice musical
- 9 Favorite
- 10 Short letter
- 11 Moron
- 12 Bourbon Street veggie
- 15 December ditties
- 18 Libertine
- 20 Big fusses
- 24 Imagine
- 26 Limburger and Neufchatel
- 27 Plays on words
- 28 Hebrew patriarch
- 29 Beach walkway
- 31 Durability
- 32 Simple seat
- 35 Very skilled person
- 36 Slant
- 38 Web code
- 41 Monica ---, stabbed tennis star
- 44 Allocate
- 48 At that time
- 50 Release
- 52 Out of one's depth
- 53 Bringing death
- 55 Father of 37 Across
- 56 "Just do it" company
- 57 Manner of walking
- 59 Like a Spanish millionairess?
- 61 Friends
- 62 "At once!"
- 64 Advanced in years
- 65 "Sweetheart of Sigma ---"

Answers on page 31

PRIORITY FOR DRIVEWAY SNOW REMOVAL

As we approach another winter season, we again find it necessary to clarify who qualifies for the Priority Snow Removal list for 2022-2023 winter season. A new request is required every season.

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation, or dialysis in or outside the home.

A "heart condition" does not qualify. Your request must be accompanied by a **physician script/note** which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the administrator and will be confidential.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Your need to go to work does not qualify for priority snow removal. For this purpose, we suggest you make advance arrangements with a private contractor for snow removal.

The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

ALWAYS CALL

911 FOR ANY MEDICAL EMERGENCY

Please be sure to keep on hand extra supplies of medications and food so that you do not need to leave the house during or immediately after a snowstorm. The weather predications generally provide ample warning time for making preparations.


Please respond as soon as possible as the winter season will be here soon.



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ad-468



HAPPY NEW YEAR

Wordsearch



Search for the words going up, down, left and right.

C	S	L	L	X	N	O	I	T	U	L	O	S	E	R
A	Z	N	A	G	A	V	A	R	T	X	E	I	Q	I
G	G	A	T	H	E	R	I	N	G	W	Z	N	P	N
A	F	O	T	S	W	O	S	D	R	W	L	O	L	V
D	I	D	R	O	Z	T	H	G	I	N	D	I	M	I
H	R	T	A	H	F	Y	T	R	A	P	W	S	E	T
F	E	B	D	F	B	I	N	H	M	G	Y	E	U	A
N	W	Q	I	Q	A	Z	F	G	D	C	G	M	S	T
N	O	I	T	A	R	B	E	L	E	C	Q	A	J	I
L	R	M	I	Y	R	A	U	N	A	J	L	K	H	O
K	K	H	O	C	V	W	T	R	D	A	Q	E	J	N
I	S	K	N	X	V	J	O	I	B	U	E	R	Z	N
Y	Z	P	H	C	O	U	N	T	D	O	W	N	S	M
H	W	W	J	M	U	H	N	U	X	X	O	U	Q	R
L	F	A	A	H	S	E	Q	S	I	O	C	O	F	G

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Dr. ShuaHaim has been practicing geriatric medicine for over 30 years. During his residency program he had an opportunity to have geriatric training at an Alzheimer Center. He discovered then that he wanted to practice geriatric medicine.

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Crossword Answers

1	M	I	C	E		5	B	L	E	E	P		9		10	N	G	O
13	I	R	A	N		14	S	O	L	V	E		15	C	O	O	K	
16	M	O	N	T		17	A	R	B	I	T		18	R	A	T	O	R
19	E	N	D	I	T	20		21	D	O	T		22	A	R	E	N	A
						23	E	R	O	S		24		25	W	A	C	K
27	P	I	L	E	D	U	P					30	H	E	L	P	S	
33	U	S	A			34	O	P	I	A	T	E		37	S	E	T	H
39	N	A	B			40	S	P	E	C	I	E	S		42	R	O	T
43	S	A	R	A		44		45	O	R	E	L	S	E		46	M	O
						47	C	A	S	T	S		49	T	E	L	L	A
						51	S	H	E	A	F		54	S	E	E	N	
55	A	N	G	I	E		56		57	T	A	R		60	S	T	E	P
63	D	I	A	G	N	O	S	T	I	C				66	O	N	A	T
67	A	K	I	N		68	L	E	A	C	H			69	U	C	L	A
70	M	E	T			71	D	A	L	A	I			72	T	E	S	T

Sudoku Answers

8	3	4	6	5	2	9	1	7
9	5	1	7	8	3	6	4	2
2	6	7	4	1	9	8	5	3
4	7	6	9	2	1	5	3	8
3	8	2	5	6	4	1	7	9
5	1	9	3	7	8	2	6	4
6	2	8	1	3	7	4	9	5
1	9	3	2	4	5	7	8	6
7	4	5	8	9	6	3	2	1

The cold weather makes it hard to get motivated to go outdoors and shoot, but there are some great photo opportunities to be had in winter. Make certain you dress for the cold and watch for ice!

Even when there is no snow, icy ponds make great subjects. Look for ducks, geese, or seagulls standing on the ice. Ice also makes for great reflection images. Many normal scenes take on a new meaning in the cold of winter

After a snowfall, there are great shots everywhere. The challenge with snow shots is getting the proper exposure. A very bright snowy scene tricks your camera into thinking there is too much light, so the camera will cut back on exposure. This makes the snow in your images look gray. If you know how to set your exposure compensation, increase the exposure by 1 stop to brighten the snow. If your camera has "scene" modes, use the one for snow or beach.

The bare leafless trees make nice silhouette shots and are very good for black and white photography. They are especially effective with a sunrise or sunset behind them.



That's it for this month. As always you can email me with any photographic questions at bill@KirmsPhotography.com. If you'd like to see more of my images you can visit my site at www.KirmsPhotography.com. Remember to keep shooting and trying to improve your images, but most importantly, have fun with your camera.

